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Northwest Association of Mothers of Twins Clubs Annual Convention to be held in Eugene April 22-25

Eugene, Ore. – Mothers of twins, triplets or more in the northwest looking for some much-needed time away from the family will get a lift at “Uptown Girl” – the Northwest Association of Mothers of Twins Clubs (NWAMOTC) annual convention.

Held April 22-25 in Eugene, and hosted by the members of the Misplaced Mothers of Twins Club, the convention is an opportunity for mothers of twins, triplets or more to gather, discuss parenting of multiples, and participate in informational workshops.

"Today, we have a lot of advantages technologically; with email and iPods and cell phones, it is very easy to have "instant" communication. But what all of this technology does not do is give us that 'personal' touch that we all need as moms," said Ginger Hougen, president of NWAMOTC, who has been a member of the organization for 26 years.

The Keynote address, “Humor and Stress Management”, will be given by Eugene resident, Leigh Anne Jasheway-Bryant. She is an award-winning humorous, author, health columnist, motivational speaker and stand-up comic. She also will present a workshop to convention participants on “Spicing up Your Relationship.”

Additional workshops include a Children’s Speech Development workshop with Heather Moore and an Asperger’s Syndrome informational workshop with Monica Bounds. Extra events include “Pretty in Pink” Mother of the Year Luncheon, where the mother’s of the Year from the many member clubs are honored and NWAMOTC Scholarships are awarded. Further relaxing agenda items include “Off Broadway” Friday Night Party and a themed banquet “New York” “New York,” which will bring the convention to a close.

Full registration costs \$145, but prices vary depending on days attending the convention and optional activities. A registration form and additional information is available on the NWAMOTC Web site at www.nwamotc.org/convinfo.html, or by contacting Terri Rice at tjorice@shaw.ca or (778) 552-0155.

The conference will be held at the Valley River Inn at 1000 Valley River Way in Eugene. Contact the hotel for reservations at (541) 687-0123 and identify yourself with the NWAMOTC conference.

For more information about the NWAMOTC, visit www.nwamotc.org.

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About NWAMOTC

Founded in 1963, NWAMOTC is a network of member clubs throughout the Pacific Northwest, including Alaska, Idaho, Montana, Oregon and Washington and the province of British Columbia in Canada. Most member clubs meet monthly to discuss the care, development and education of multiple birth children and other topics of interest. NWAMOTC cooperates with and encourages participation in medical research projects involving multiples relative to the physical, mental and social well-being of multiple-birth children and their families. The organization also is a resource for information and assistance to the public, including people with direct interest or involvement with multiple-birth children. For more information or to join a local club, visit www.nwamotc.org.